



Communication from False Creek School and PAC to Parents, Students, and Staff

Important Upcoming Dates

Tuesday, February 1, 2022

- Lunar New Year

Monday, February 14, 2022

- Valentine's Day



Friday, February 18, 2022

- Professional Day
- No school for students

Monday, February 21, 2022

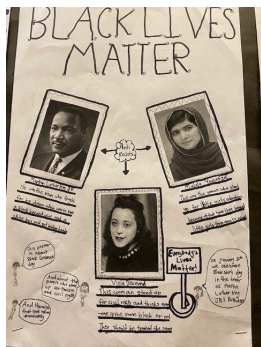
- Family Day
- School Closed

Wednesday, February 23, 2022

- Pink Shirt Day



Black History Month



Every February, people across Canada participate in Black History Month events and festivities that honour the legacy of Black Canadians and their communities.

The 2022 theme for Black History Month is: "February and Forever: Celebrating Black History today and every day," which focuses on recognizing the daily contributions that Black Canadians make to Canada.

No matter where you live, we invite all Canadians to learn more about these

communities, and how they continue to help shape the story of Canada.

The Government of Canada recently updated the website and have included some great resources and posters:

<https://www.canada.ca/en/canadian-heritage/campaigns/black-history-month.html>

As well, Walking tours are being offered through the African Descent Society. They

Valentine's for Seniors



Once again the False Creek Elementary PAC is organizing to have False Creek Elementary students make Valentine's Day cards for senior in the nearby care home and the independent living facility.

These cards will be sent to a total of 137 people. The residents' names are not available, due to privacy reasons, so the cards will not be addressed to specific people.

Participating classes will drop their Valentine's Cards off to the school office by Wednesday February 9th.

We thought it would be a nice idea to deliver homemade Valentine cards to the residents of these 2 homes from False Creek Elementary as a way to spread cheer and compassion to members of our community who are particularly affected by the isolation of Covid-19.

Are You Returning ?

The 'Are you returning?' Survey will be sent home in an email next week. Please complete it by Tuesday, February 22. We

use this information to plan for our classes for next year.



RBL Basketball – Boys/Girls Camps Spring Break March 14 -18 & March 21- 25, 2022



Have fun and be challenged to improve basketball skills with others in the same grades. Camps feature experienced instructors in quality gyms with multiple baskets at grade appropriate heights. Most participants will be eligible to join RBL leagues. Limited enrollment in each camp. Please confirm with the child you plan to register that they wish to participate. This is particularly important for those in K and Grade 1. Register online for all camps at [RBLBasketball.com](https://rblbasketball.com) The fee indicated

is the entire camp fee, which includes GST if applicable. For more information on RBL camps, leagues, and skill development programs (Grades K-10) visit us on the web at [RBLBasketball.com](https://rblbasketball.com) or contact Richard (604-269-0221), Richard@RBLBasketball.ca

See attached flyer for further details.

To register, go to:

<https://rblbasketball.com/all-programs/>

(and scroll down)

FREE 9-week healthy lifestyle program



*Generation Health is a **FREE 9-week healthy lifestyle program** for children and their families, delivered through the YMCA of Greater Vancouver and in partnership with the Childhood Obesity Foundation. Program participants will meet virtually to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more! We have 5 program days to choose from: Mondays, Tuesdays, Wednesdays,*

Thursdays, or Fridays from 6:30-8:30 pm. This program requires prior registration through these details: phone 1-888-650-3141 or send an e-mail to info@generationhealth.ca. Families who join this program receive a complimentary membership to the YMCA.



Fun Family Activity: City of Vancouver Adopt-A-Block



Dear Families,

Around the city and your neighbourhood, there have been increased challenges with litter attributed to the pandemic. The volume of PPE being discarded only adds to an ongoing problem of litter in our neighbourhoods. The City's Adopt-A-Block Program provides families a chance to give back to their community while participating in a fun and COVID-19-safe activity.

As the poster shows (see attached flyer), it's easy for families to sign up. Participants simply register on our website: vancouver.ca/adopt-a-block and we will provide the necessary cleanup supplies to get them started.

Thank you and we appreciate your time and help.

Best regards,

Sandra Davidon, Volunteer Coordinator |
Solid Waste Programs

Engineering Services Department | City
of Vancouver

604.871.6443 or 604.871.6749
(direct) sandra.davidon@vancouver.ca

[Neighbourhood Cleanup Party Program |
Adopt-A-Block](#)



PLEASE POST



RBLBasketball.com

PLEASE POST

Celebrating our 25th year, over 35,000 boys/girls have played RBL Basketball

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Register online for all camps at RBLBasketball.com
The fee indicated is the entire camp fee, which includes GST if applicable.

PLEASE POST

For more information on RBL camps, leagues, and skill development programs (Grades K-10) visit us on the web at RBLBasketball.com or contact Richard (604-269-0221), Richard@RBLBasketball.ca

| Grades | Gender | Dates (Mon-Fri) | Time | Fee | Program Code |
|---------|----------------------------|-----------------|----------------|-------|--------------|
| K/1/2/3 | Boys/Girls | March 14 - 18 | 9-10:30 am | \$150 | SB1 |
| K/1/2/3 | Boys/Girls | March 21 - 25 | 9-10:30 am | \$150 | SB5 |
| 4/5/6 | Boys/Girls | March 14 - 18 | 10:30-12:30 pm | \$180 | SB2 |
| 4/5/6 | Boys/Girls | March 21 - 25 | 10:30-12:30 pm | \$180 | SB6 |
| 6/7/8/9 | Boys | March 14 - 18 | 12:30-3:30 pm | \$270 | SB3 |
| 6/7/8/9 | Boys | March 21 - 25 | 12:30-3:30 pm | \$270 | SB7 |
| 6/7 | Boys Select Team Tryouts | March 14 - 18 | 3:30-6:30 pm | \$270 | SB4 |
| 6/7 | Boys Select Team Practices | March 21 - 25 | 3:30-6:30 pm | \$270 | SB8 |

GYM LOCATION:

- Saint Patrick's Elementary School Gym – 110 East 12th Avenue (just west of Main Street)

Dates/Times/Locations subject to change. E&OE



Join Us For Generation Health This Winter!

Learn about healthy eating & physical activity and build long-lasting healthy habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is free, interactive and FUN!

Delivered virtually through the YMCA of Greater Vancouver starting January & February 2022 on Monday, Tuesday, Wednesday, Thursday, and Friday evenings.

Interested? Register today!

Call 1-888-650-3141 or email info@generationhealth.ca



generationhealth

generationhealth.ca



University
of Victoria

